THE HEALING WORD

BY JOYCE MEYER
THE HEALING
WORD
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“God doesn’t want you to spend the rest of your life hurting—He wants to make you whole. He desires for you to be healthy in every single area of your life—mentally, physically, spiritually and emotionally. Allow God’s Word to bring wholeness...and heal you everywhere you hurt.”

JOYCE
God has a plan for your life, and He wants to heal you when you are hurting. John 10:10 says that Jesus came to give us abundant life, and part of that abundant life is making sure you are healthy and whole—physically, spiritually, mentally and emotionally.

But the truth is, you cannot “catch” health like you can disease. For example, if you’re around somebody who has a cold, you don’t have to do anything to catch it. You can get it by just being around them because that’s the nature of sickness and disease. But you can be around a healthy person and you won’t catch their health. You have to choose health.

Deuteronomy 30:19 says, ...I have set before you life and death, the blessings and the curses; therefore choose life, that you and your descendants may live. One of the ways we can choose life is through prayer and by speaking His truth over our lives. I want to help you do that. That’s why this book is filled with scriptures and confessions you can speak over your life to strengthen your faith in God for the healing and wholeness you need.
Think about it like this: If I have a headache, I take an aspirin to get relief from it. I have to swallow the pill for it to work. If I put it on top of my head, it won’t do anything for me. God’s Word is medicine for our spirit, soul and body, and the way we experience its power is by speaking it out loud, praying it to God, meditating on it, and believing it. It won’t work for us if we just have a Bible and leave it on the shelf. We have to use it.

God wants to make you whole, and what He’s asking you to do is believe what His Word says more than you believe what you think or how you feel. Keep speaking His Word over your circumstances and in His timing, He’ll complete the good work He’s begun in you!
God’s Word has so much power and it’s like a medicine. It reveals the truth of His will for our lives and brings healing to us. When you speak His Word over your life, it releases that power to work in your life.

Depending on your situation, one or more of these scriptures or confessions may apply to a need you are facing right now. Take time to memorize the verses and confessions that will encourage you to trust God for the healing you need. Or write them down on a note card and carry them with you so you have them on hand wherever you are, whenever you need them.

This principle works in every area of life, so whatever your situation may be, the answer you need is in the Word. If the scriptures you need aren’t listed in this book, search them out in the Bible and make them your confession. You’ll be amazed at how God’s Word will make a difference in your life!
Many people believe that God is able to heal them but they aren’t sure whether He will heal them. If that’s you, then I want to encourage you to carefully read each of these scriptures. Notice how much God wants to heal His children. You don’t have to do something to earn His love or His healing touch—just believe what He says and do what He tells you to do. Start by speaking these verses aloud. Meditate on them. Believe them. That’s how we release God’s power to heal—by speaking His Word and trusting His ability and His willingness to heal all of our diseases.

**Psalm 147:3**
*He heals the brokenhearted and binds up their wounds [curing their pains and their sorrows].*

**Psalm 103:1-3**
*Bless (Affectionately, gratefully praise) the Lord, O my soul; and all that is [deepest] within me, bless His*
holy name! Bless (affectionately, gratefully praise) the Lord, O my soul, and forget not [one of] all His benefits—Who forgives [every one of] all your iniquities, Who heals [each one of] all your diseases.

Psalm 118:17
I shall not die but live, and shall declare the works and recount the illustrious acts of the Lord.

Exodus 23:25
You shall serve the Lord your God; He shall bless your bread and water, and [He] will take sickness from your midst.

Proverbs 4:20-22
My son, attend to my words; consent and submit to my sayings. Let them not depart from your sight; keep them in the center of your heart. For they are life to those who find them, healing and health to all their flesh.

Proverbs 3:7-8
Be not wise in your own eyes; reverently fear and worship the Lord and turn [entirely] away from evil. It shall be health to your nerves and sinews, and marrow and moistening to your bones.
Jeremiah 17:14
Heal me, O Lord, and I shall be healed; save me, and I shall be saved, for You are my praise.

Matthew 9:20-22
And behold, a woman who had suffered from a flow of blood for twelve years came up behind Him and touched the fringe of His garment; for she kept saying to herself, If I only touch His garment, I shall be restored to health. Jesus turned around and, seeing her, He said, Take courage, daughter! Your faith has made you well. And at once the woman was restored to health.

3 John 1:2
Beloved, I pray that you may prosper in every way and [that your body] may keep well, even as [I know] your soul keeps well and prospers.

Mark 16:17-18
And these attesting signs will accompany those who believe: in My name they will drive out demons; they will speak in new languages; they will pick up serpents; and [even] if they drink anything deadly, it will not hurt them; they will lay their hands on the sick, and they will get well.
Matthew 4:23-24
And He went about all Galilee, teaching in their synagogues and preaching the good news (Gospel) of the kingdom, and healing every disease and every weakness and infirmity among the people. So the report of Him spread throughout all Syria, and they brought Him all who were sick, those afflicted with various diseases and torments, those under the power of demons, and epileptics, and paralyzed people, and He healed them.

Matthew 8:16-17
When evening came, they brought to Him many who were under the power of demons, and He drove out the spirits with a word and restored to health all who were sick. And thus He fulfilled what was spoken by the prophet Isaiah, He Himself took [in order to carry away] our weaknesses and infirmities and bore away our diseases.

James 5:14-15
Is anyone among you sick? He should call in the church elders (the spiritual guides). And they should pray over him, anointing him with oil in the Lord’s name. And the prayer [that is] of faith will save him who is sick, and the Lord will restore him; and if he has committed sins, he will be forgiven.
“I know that it’s God’s will for me to be healthy and whole. I praise the Lord and thank Him for healing all of my diseases as I put my faith and trust in Him.”
Is there something in your past or your present that is causing problems with your emotions or thoughts? If we’re honest, all of us would admit there are times when we struggle with wrong thoughts and the unhealthy emotions they create. Sometimes this can even lead to depression or other serious ongoing conditions that keep us from being emotionally and mentally whole.

I’ve experienced issues like this in my own life as a result of the abuse that happened to me throughout my childhood. But the power of God’s love and His Word in my life have brought me total restoration, and they can do the same for you. Whatever your need may be in this area of your life, use these scriptures to renew your mind and experience mental and emotional wholeness in Christ.
Psalm 30:11
You have turned my mourning into dancing for me; You have put off my sackcloth and girded me with gladness.

Psalm 147:3
He heals the brokenhearted and binds up their wounds [curing their pains and their sorrows].

Psalm 42:5
Why are you cast down, O my inner self? And why should you moan over me and be disquieted within me? Hope in God and wait expectantly for Him, for I shall yet praise Him, my Help and my God.

Philippians 4:6-7
Do not fret or have any anxiety about anything, but in every circumstance and in everything, by prayer and petition (definite requests), with thanksgiving, continue to make your wants known to God. And God’s peace [shall be yours, that tranquil state of a soul assured of its salvation through Christ, and so fearing nothing from God and being content with its earthly lot of whatever sort that is, that peace] which transcends all understanding shall garrison and mount guard over your hearts and minds in Christ Jesus.

Psalm 34:18
The Lord is close to those who are of a broken heart
and saves such as are crushed with sorrow for sin and are humbly and thoroughly penitent.

**Deuteronomy 31:6**
Be strong, courageous, and firm; fear not nor be in terror before them, for it is the Lord your God Who goes with you; He will not fail you or forsake you.

**Isaiah 26:3**
You will guard him and keep him in perfect and constant peace whose mind [both its inclination and its character] is stayed on You, because he commits himself to You, leans on You, and hopes confidently in You.

**2 Timothy 1:7**
For God did not give us a spirit of timidity (of cowardice, of craven and cringing and fawning fear), but [He has given us a spirit] of power and of love and of calm and well-balanced mind and discipline and self-control.

**1 Peter 5:6-7**
Therefore humble yourselves [demote, lower yourselves in your own estimation] under the mighty hand of God, that in due time He may exalt you, casting the whole of your care [all your anxieties, all your worries, all your concerns, once and for all] on Him,
for He cares for you affectionately and cares about you watchfully.

**Ephesians 4:23-24**
And be constantly renewed in the spirit of your mind [having a fresh mental and spiritual attitude], and put on the new nature (the regenerate self) created in God’s image, [Godlike] in true righteousness and holiness.

**Psalm 119:50**
This is my comfort and consolation in my affliction: that Your word has revived me and given me life.

**CONFESSION FOR Emotional & Mental Healing**

“I have peace, power, love and a calm and well-balanced mind because I trust God. I don’t worry about anything, instead, I pray about everything and God blesses me by giving me His peace.”
Is there something in your past or your present that is causing problems with your emotions or thoughts? When we accept Christ as our Savior and give Him our lives, we become new creatures in Christ Jesus and have access to all of the healing and wholeness He offers. It’s a transformation that begins in the spirit and as we mature in God it is enjoyed and seen in our soul and body. It is important to understand we are a spirit, we have a soul, and we live in a body, and God wants to fill all of us with His Spirit and work through us to reach others. This work is accomplished by the Holy Spirit and God’s Word and is a process that takes places throughout our lives.

It is vitally important for us to be strong in spirit. When we are, then we can resist the temptation to sin, and not let the cares and anxieties of the world weigh us down and distract us from our purpose. Christ died to set us free from sin and death and...
all the bondage it causes. He wants us to live in His Presence, and enjoy abundant fellowship with Him. These scriptures will act as medicine for your spirit and help you stay strong.

2 Corinthians 5:17
Therefore if any person is [ingrafted] in Christ (the Messiah) he is a new creation (a new creature altogether); the old [previous moral and spiritual condition] has passed away. Behold, the fresh and new has come!

John 3:16-17
For God so greatly loved and dearly prized the world that He [even] gave up His only begotten (unique) Son, so that whoever believes in (trusts in, clings to, relies on) Him shall not perish (come to destruction, be lost) but have eternal (everlasting) life. For God did not send the Son into the world in order to judge (to reject, to condemn, to pass sentence on) the world, but that the world might find salvation and be made safe and sound through Him.

1 Peter 2:24
He personally bore our sins in His [own] body on the tree [as on an altar and offered Himself on it], that we might die (cease to exist) to sin and live to righteousness. By His wounds you have been healed.
Colossians 1:13
[The Father] has delivered and drawn us to Himself out of the control and the dominion of darkness and has transferred us into the kingdom of the Son of His love.

2 Corinthians 4:16-17
Therefore we do not become discouraged (utterly spiritless, exhausted, and wearied out through fear). Though our outer man is [progressively] decaying and wasting away, yet our inner self is being [progressively] renewed day after day. For our light, momentary affliction (this slight distress of the passing hour) is ever more and more abundantly preparing and producing and achieving for us an everlasting weight of glory [beyond all measure, excessively surpassing all comparisons and all calculations, a vast and transcendent glory and blessedness never to cease!].

Psalm 103:2-3
Bless (affectionately, grateful praise) the Lord, O my soul, and forget not [one of] all His benefits—Who forgives [every one of] all your iniquities, Who heals [each one of] all your diseases.

Romans 6:22
But now since you have been set free from sin and
have become the slaves of God, you have your present reward in holiness and its end is eternal life.

**Romans 8:10**
But if Christ lives in you, [then although] your [natural] body is dead by reason of sin and guilt, the spirit is alive because of [the] righteousness [that He imputes to you].

**Romans 8:1-2**
Therefore, [there is] now no condemnation (no adjudging guilty of wrong) for those who are in Christ Jesus, who live [and] walk not after the dictates of the flesh, but after the dictates of the Spirit. For the law of the Spirit of life [which is] in Christ Jesus [the law of our new being] has freed me from the law of sin and of death.

**Psalm 16:11**
You will show me the path of life; in Your presence is fullness of joy, at Your right hand there are pleasures forevermore.

**Psalm 27:4**
One thing have I asked of the Lord, that will I seek, inquire for, and [insistently] require: that I may dwell in the house of the Lord [in His presence] all the days of my life, to behold and gaze upon the beauty [the sweet
attractiveness and the delightful loveliness] of the Lord and to meditate, consider, and inquire in His temple.

**CONFESSION FOR**

*Spiritual Healing*

“I am a new creature in Christ Jesus and have become the righteousness of God through Jesus’ sacrifice. I am filled with the Holy Spirit and walk in the paths of life that He has planned for me!”
Psalm 30:2
O Lord my God, I cried to You and You have healed me.

Psalm 34:15, 17
The eyes of the Lord are toward the [uncompromisingly] righteous and His ears are open to their cry... When the righteous cry for help, the Lord hears, and delivers them out of all their distress and troubles.

John 10:10
The thief comes only in order to steal and kill and destroy. I came that they may have and enjoy life, and have it in abundance (to the full, till it overflows).

Psalm 107:20
He sends forth His word and heals them and rescues them from the pit and destruction.
**Isaiah 53:4-5**
Surely He has borne our griefs (sicknesses, weaknesses, and distresses) and carried our sorrows and pains [of punishment], yet we [ignorantly] considered Him stricken, smitten, and afflicted by God [as if with leprosy]. But He was wounded for our transgressions, He was bruised for our guilt and iniquities; the chastisement [needful to obtain] peace and well-being for us was upon Him, and with the stripes [that wounded] Him we are healed and made whole.

**Psalm 46:1**
God is our Refuge and Strength [mighty and impene-trable to temptation], a very present and well-proved help in trouble.

**Isaiah 58:8**
Then shall your light break forth like the morning, and your healing (your restoration and the power of a new life) shall spring forth speedily; your righteousness (your rightness, your justice, and your right relationship with God) shall go before you [conducting you to peace and prosperity], and the glory of the Lord shall be your rear guard.
HEALING BEGINS HERE
The first step toward healing is to fully turn your life over to Jesus. It’s the foundational element on which you can build everything else. The moment you realize your deep need for God, you begin an amazing journey into His plan for your life.

Romans 3:23 (NIV) says it this way: *For all have sinned and fall short of the glory of God.*

Knowing Jesus is simply acknowledging your need for Him, believing what He did for you and accepting His amazing gift. It recognizes that you can’t live this life on your own—that you’ve sinned and are in need of a Savior. And the good news about knowing Jesus, about being saved, is the beautiful exchange that happens in that moment.

You give Him all the bad and sinful things you’ve done, and in return, God gives you everything He has for you. Whether you know it or not yet, His plan for your life is amazing, and this is the first step on that journey.

**IF YOU’RE READY**

to start your own, personal journey with Jesus or perhaps want to get to know Him in a deeper way, visit:

joycemeyer.org/salvation
ABOUT THE AUTHOR

Joyce Meyer is one of the world’s leading practical Bible teachers. A New York Times bestselling author, Joyce’s books have helped millions of people find hope and restoration through Jesus Christ. Through Joyce Meyer Ministries, Joyce teaches on a number of topics with a particular focus on how the Word of God applies to our everyday lives. Her candid communication style allows her to share openly and practically about her experiences so others can apply what she has learned to their lives.
JOYCE MEYER MINISTRIES

Sharing Christ-Loving People

Joyce Meyer Ministries is called to share the Gospel and extend the love of Christ. Through media we teach people how to apply biblical truth to every aspect of their lives and encourage God’s people to serve the world around them.

Through our missions arm, Hand of Hope, we provide global humanitarian aid, feed the hungry, clothe the poor, minister to the elderly, widows and orphans, visit prisoners and reach out to people of all ages and in all walks of life.

Joyce Meyer Ministries is built on a foundation of faith, integrity and dedicated supporters who share this call.

To view additional resources from Joyce Meyer Ministries, to watch our most current Enjoying Everyday Life show, or to receive information about our missions outreach Hand of Hope, please visit joycemeyer.org
God loves you. And because He loves you, He wants the best for your life—restoration and wholeness. That’s why Jesus Christ willingly laid down His life, died, and rose again. His sacrifice has provided the way for us to find and experience the healing and restoration we need.

There are different kinds of healing: spiritual, physical, emotional, mental. We all need healing of some kind at various times in our lives. When we do, we can find the answers and help we need in God’s Word.

In THE HEALING WORD, there are scriptures, along with encouragement from Joyce, to help you become closer to God and take hold of the promises He has given you for your healing, whatever your need may be. Read them, meditate on them, and pray them. As you do, you’ll find more of the abundant life you can have in Christ and experience the wholeness it brings.

You will discover that God’s word is literally medicine for your heart and health and healing for your bones (see Proverbs 3:8; 4:22).